

CONFERENCE OF NUTRITION AND DIETETICS (COND 2023)
Promoting Sustainable Food Systems for Nutrition and Development: Challenges and Opportunities for Capacity strengthening

SCIENTIFIC PROGRAMME

DAY ONE **TUESDAY 17, OCTOBER 2023**

VENUES:	College of Sciences Auditorium KNUST Campus and Kumasi Cultural Centre, Kumasi, Ghana
TIME	
08h30 - 18h00	Registration opens
08h30 - 12h30	Symposium: 1. Quality Assurance Framework for Nutrition Assessment for Africa (QAFANA) 2. Starting your Entrepreneurial Journey: From Concept to Company
12h30-13h30	Lunch /Refreshment
15h00 - 18h00	PUBLIC ENGAGEMENT EVENT: Ghana Food-Based Dietary Guidelines- Prof Richmond Aryeetey (UG)
	<i>Chairperson: Nana Okyere Ntrama, Esumagya Manhene</i>
	Round Table discussion: Discussants: Mrs Paulina Addy (WIAD/MoFA); Mrs Awurabena Dadzie (WV Ghana); Mrs Tani Aduko (WFP-Ghana)

DETAILS OF DAY 1 ACTIVITIES: SYMPOSIUM

THEME	<i>Quality Assurance Framework for Nutrition Assessment for Africa (QAFANA) symposium</i>
VENUE	College of Sciences Auditorium KNUST
CHAIRPERSONS/ DISCUSSANTS:	Prof Steve Wootton/ Prof Francis Zotor/ Prof Reginald Annan
TOPIC 1	<i>Quality Assurance Framework for Nutrition Assessment for Africa (QAFANA) symposium</i>
TOPIC 2	Starting your Entrepreneurial Journey: From Concept to Company
Rapporteurs	Deborah Ampofo, Helena Gyameah, Noma Abudu Birresborn

DETAILS OF DAY 1 ACTIVITIES: PUBLIC ENGAGEMENT EVENTS

THEME	<i>Ghana Food-Based Dietary Guidelines</i>
VENUE	Kumasi Cultural Centre
CHAIRPERSONS/ DISCUSSANTS:	Nana Okyere Ntrama/ Prof Richmond Aryeetey/Mrs Paulina Addy /Mrs Awurabena Dadzie and Mrs Tani Aduko
TOPIC	<i>Ghana Food-Based Dietary Guidelines</i>

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SCIENTIFIC PROGRAMME

DAY TWO

WEDNESDAY 18, OCTOBER 2023

VENUE: KNUST Business School Conference Centre, Kumasi, Ghana

TIME	
07h00 - 09h15	Registration OPENING CEREMONY CHAIRPERSON: <i>Prof Richmond Aryeetey</i> RAPPORTEURS/TIME KEEPER: Florence Brenya and Jeremiah Issaka
09h30 - 09h35	Welcome by LOC Chair: Mr. Daniel Mensah RD
09h35 - 09h45	Welcome Address/: Prof Kingsley Pereko, President, Ghana Academy of Nutrition and Dietetics (GAND)
09h45 - 10h20	Goodwill Message: VC KNUST
	Goodwill Message: Guest of Honour Speech: NDPC
	Goodwill Message: MOH/GHS
	Goodwill Messages: IUNS
10h20 - 10h40	Keynote1: <i>Attaining Sustainable Food Systems for National Development</i>
	Speaker: <i>Prof Saa Dittoh (UDS)</i>
10h40 - 11h00	Keynote 2: <i>Capacity building among nutrition professionals in Africa</i>
	Speaker: <i>Prof Reginald Annan (KNUST)</i>
11h10 - 11h45	Tea Break Networking Poster Presentation
VENUE:	KNUST Business School Conference Centre, Kumasi, Ghana
TIME	
SPONSOR:	JM ADDO & SONS
PLENARY SESSION 1	CHAIRPERSONS: Prof Anthony Edusei and Dr Rebecca Steel-Dadzie
	RAPPORTEURS/TIME KEEPER: Ambrose Atasona and Tamimu Yakubu
TOPIC	Food Systems Transformation - Ghana's Journey So Far
KEYNOTE	Speaker: <i>Prof Amos Laar (UG)</i>

11h50 - 12h50	Panel discussion: Prof Paul Aryee, Mrs Patience Asiedu and Mrs Paulina Addy			
TIME	VENUE: MAIN AUDITORIUM			
PLENARY SESSION 2	CHAIRPERSON: Dr. Humphry Gartti			
	RAPPORTEURS/TIME KEEPER: Abdul Latif Abukari and Araba Egyirba Morrison			
TOPIC	Capacity Strengthening for Institutional Roles in Developing Sustainable Food System			
13h15 - 13h55	A DEBATE- Dependency versus Sustainability of International Aid in the Attainment of Sustainable Food Systems			
	Speakers: <i>Prof Paul Amuna</i> (UHAS)			
13h55 - 14h15	Audience Participation			
14h15 - 14h55	Lunch, poster presentation and exhibition			
	SPONSORED LUNCH TIME PRESENTATION BY WFP: Presentation of the Fill the Nutrient Gap study			
TIME	PARALLEL VENUE 1:	PARALLEL VENUE 2:	PARALLEL VENUE 3:	PARALLEL VENUE 4:
VENUE				
	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS
PARALLEL SESSION 1	CHAIRPERSONS: Prof. Francis Amagloh and Mr. Nutifafa Glover	CHAIRPERSONS: Dr Marina Tandoh and Dr Anna Amoako-Mensah	CHAIRPERSONS: Dr Gloria Otoo and Dr Ruby Arthur	CHAIRPERSON: Dr Faith Agbozo and Mrs Faustina Tour
Rapporteurs	Noma Abudu Birresborn and Regina Turkson	Ibrahim Mohammed, Victoria Acquah Fynn	Vincent Adocta, Daniel Ayine and Imman Boahene	Mariam Peprah and Rafatu Tahiru
THEME	<i>School health and nutrition I</i>	Nutrition in the life course I	<i>Clinical Nutrition, immunity, and diseases I</i>	<i>Food and nutrition governance I</i>
TRACKS	TRACK A	TRACK B	TRACK C	TRACK D
15h00 - 15h10	Dehydration Knowledge, Awareness and Practices among Public Health Students: A Cross-Sectional Study	Women Empowerment and Infant Breastfeeding Practices Among Mothers and Caregivers with Children 0-24 Months of Age in The Hohoe Municipality	Prevalence of Hypertension in Adults in Lilongwe Urban and Rural Communities: Implications for Health Promotion	Awareness, dissemination, implementation and monitoring of WHO guidelines regarding the safe preparation, storage, and handling of powdered infant formula in Ghana: An explorative qualitative study.

15h10 - 15h20	Malnutrition and Consequences on Cognitive Function in Ghanaian Children, 2-5 Years of Age	Barriers And Facilitators of Fruit and Vegetable Consumption Among Rural Women of Reproductive Age in Ghana.	Prevalence of Serum Vitamin D Deficiency Among Pregnant Women in Ejisu Municipal District	Assessing the Publication frequency of Nutrition and Health issues published in the daily graphic between 2018 and 2021
15h20 - 15h30	Intake of Sugar-Sweetened Beverage and Physical Activity is Associated with Cognitive Function in School-Age Children in Agona West Municipality	Factors determining the diet of pregnant women in Tamale Metropolis	The Perception and Practice of Pica Among Pregnant Women in Kumasi	Availability, acceptability, and utilization of micronutrient fortification for children 6-23 months in three districts in Ghana
15h30 - 15h40	Factors Associated with Food Consumption and Dietary Diversity Among Infants Aged 6-18 Months in Ashanti Region, Ghana	Perceptions of Adolescent Pregnant Girls on The Importance of Optimal Nutrition During Pregnancy: An Explorative Qualitative Study in Ghana	Relationship Between Sociodemographic Factors, Dietary Diversity and Micronutrients Intakes and Haemoglobin Level, of First Trimester Pregnant Women in Referral Hospitals	Nutrition knowledge and Dietary Habits of Student-Athletes in the University of Ghana: Implications on performance
15h40 - 15h50	Impact of Stress on Food Choice Behaviour of Allied Health Students of The University of Ghana: Implications on Healthy Lifestyle Behaviour Practices	Maternal Perception of Infant Body Size: Implication on Feeding Practices and Nutritional Status of Infants Below Six Months	Diet and Lifestyle-Related Risk Factors of Pre-Diabetes in Young Adults in Ledzokuku Municipality, Greater Accra Region, Ghana	Exploring the Efficacy of Nutritionist Home Visits in Averting Severe Acute Malnutrition Among Children: Insights from In-Depth Case Audits in the Volta Region
Q & A session 15h50-16h20				

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Capacity strengthening



SCIENTIFIC PROGRAMME

DAY THREE **THURSDAY 19, OCTOBER 2023**

VENUE: **KNUST Business School Conference Centre, Kumasi, Ghana**

TIME	
PLENARY SESSION 3	CHAIRPERSON: Prof Paul Amuna
	RAPORTEURS/TIME KEEPER: Dorinda Naa Norley Mantey, & Franics Saa
TOPIC	Nutrition Capacity Building and School Health
08h10 - 08h30	Topic: Building from the Bottom Up: Nutrition Capacity Building from Training to Translational Research Keynote Speaker: Prof Steve Wootton (University of Southampton)
08h30 - 08h50	Topic: Building Capacity along the Food Systems Value Chain for Nutritional Transformation Speaker: Chairman, Chamber of Agribusiness
08h50 - 09h10	Topic: School Feeding - Communities of Practice Speaker 1: Prof Robert Akparibo (University of Sheffield) Speaker 2: Dr Gloria Otoo (UG)
09h10 - 09h30	Q&A

VENUE: **KNUST Business School Conference Centre, Kumasi, Ghana**

TIME	
SPONSOR	LETS CONSULT
PLENARY SESSION 4	CHAIRPERSONS: Prof Christiana Nsiah-Asamoah and Prof Victor Mogre RAPORTEURS/TIME KEEPER: Samuel Attah Mevor and Sayibu Ibrahim
TOPIC	Food and Nutrition Advocacy and Governance
09h35 - 09h55	Topic: Implementing Nutrition Policies and Actions: National architecture and Workforce Development Speaker: Mrs Olivia Mawunyo Timpo (Director for Nutrition, GHS)
09h55 - 10h15	Championing Nutrition: Advocacy and Nutrition Leadership Gaps Speaker: Prof Francis Zotor (UHAS)
10h15 - 10h45	Tea Break Networking Poster Presentation
10h50 - 11h10	Food systems Transformation: Policy Perspectives and Multisectoral Actions Prof Kingsley Pereko (UCC)

11h10 --11h30	Tying the Loose Ends for Food Systems Transformation: Nutrition Communities of Practice			
	Speaker: Mr Nii Odoi Odotei (NDPC)			
11h30 - 12h00	Panel Discussion: Prof Francis Zotor (UHAS), Prof Kingsley Pereko (UCC), Mrs Olivia Mawunyo Timpo (GHS), Mr Nii Odoi Odotei (NDPC)			
VENUE:	KNUST Business School Conference Centre, Kumasi, Ghana			
TIME				
PLENARY SESSION 5	CHAIRPERSON: Prof Victor Mogre			
	RAPORTEURS/TIME KEEPER: Deborah Ampofo and Monica Anane			
SPONSOR	SANKOFA NATURAL SPICES			
TOPIC	Nutrition Profession: Training and Research Trends			
12h05 - 12h35	PANEL DISCUSSION: CURRENT TRENDING ISSUES IN THE FIELD OF NUTRITION & DIETETICS RESEARCH			
	Chairperson/moderator: Prof Anthony Edusei and Dr Charles Apprey			
	Panellists--- Dr Anthony Wemakor (UDS), Prof Christina Nsia Asamoah (UCC) and Dr Joanah Ainuson-Quampah (UG)			
12h40 - 13h10	PANEL DISCUSSION: Proposed WAHO 6 Year Undergrad. Training: Merits and Demerits			
	Chairperson/moderator: Prof Kingsley Pereko and Dr. Matilda Asante			
	Panellists: GAND-GB, HoDs of Nutrition and/or Dietetic Training Institutions, AHPC, GHAFHP			
13h10 - 14h00	Lunch, Exhibition & Poster Presentation			
TIME	PARALLEL VENUE 1:	PARALLEL VENUE 2:	PARALLEL VENUE 3:	PARALLEL VENUE 4:
VENUE	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS	SHORT COMMUNICATIONS
PARALLEL SESSION 1	CHAIRPERSONS: Dr (Mrs.) Heckel Amoabeng Abban and Mrs. Pearl Selormey, Rnutr	CHAIRPERSONS: Dr Humphrey Garti and Dr Justine Owusu	CHAIRPERSONS: Mr Mike Offei and Rev Dr Tom Ndanu	CHAIRPERSONS: Dr Frank Hayford and Mr. Wise Letsa, RD
Rapporteurs	Noma Abudu Birresborn and Regina Turkson	Jonathan Asare and Jeremiah Issaka	Mustapha Titi and Josephine Domapielle	Benedicta Mensah and Mary Ann Nunoo
THEME	<i>Climate change and sustainable diet II</i>	<i>Nutrition in the life course II</i>	<i>Food and nutrition governance /School health and nutrition</i>	<i>Clinical Nutrition, immunity, and diseases II</i>
TRACKS	TRACK A	TRACK B	TRACK C	TRACK D
14h10 - 14h20	Salt Sources and Intake Among Adolescents in Private versus Public Schools in The Greater Accra Region	Association between Dietary Intake, Dietary Diversity and Cognitive Performance	Maternal prenatal factors and their relevance for indicators of child health measured at birth	Diabetic Patients' Compliance with Dietetic Review Appointments at The University of Ghana Hospital

14h20 - 14h30	Interrelationship between overweight/obesity perception, actual body weight and cardiometabolic risk among healthy Ghanaian adults	Effect of <i>Alchornea Cordifolia</i> on the Glycaemic Indices of Varieties of <i>Alchornea Cordifolia-Composited fufu</i> .	Assessing the knowledge, attitude, and perception of obesity among middle-aged adults in the Ho municipality	The Impact of Nutrition Education Intervention in Improving the Nutritional Status of Ghanaian Children Living with Sickle Cell Disease
14h30 - 14h40	An Assessment of the Knowledge of Plant Sterols and Stanols among Adults in a Selected Community in Accra	Dietary Intake and Nutritional Status in Non-Institutionalised Older Ghanaians	Dietary pattern, lifestyle habits, sociodemographic and its associated health risks among manual and artisanal workers at Sokoban wood village, Kumasi, Ghana.	Acute Effect of Cocoa Supplementation on Postprandial Blood Pressure and Glucose in Adults Living with Hypertension After Consumption of a High-Fat-High-Salt Meal
14h40 - 14h50	The Effect of the COVID-19 pandemic on the dietary habits of young adults	Sugar-Sweetened Beverage Consumption Among Adolescents in The Greater Accra Region	An assessment of the knowledge and perception of the role of the dietitian among doctors in three hospitals in Accra	Anaemia and Nutritional Status of Juvenile and Youth Boxers in Ghana
	The Use of Smart Phone Applications and Mobile Health Technologies for Nutrition Assessment and Interventions Among Dietitians and Nutritionists in Ghana: A Pilot Study	Nutritional Composition and Acceptability of Cookies Fortified with <i>Solanum torvum</i> (Turkey Berry)	There surely is something like ‘an ultimate credential!’: A proposed conceptual perspective for career achievement within the Ghana Academy of Nutrition and Dietetics.	Assessment of Nutritional and Socio-cultural Characteristics that Contribute to a Relatively High Incidence of Obstetric Fistula among Women in the Northern Sector of Ghana
Q & A session 14h50-15h00				

VENUE: KNUST Business School Conference Centre, Kumasi, Ghana

TIME

**PLENARY
SESSION 5**

CHAIRPERSONS: Prof Seth Adu-Afarwuah and Mrs Esi Amoaful

	RAPPORTEURS/TIME KEEPER: Obed Nkandid and Soma -Mahme Loobod
Sponsor	GAND Special Program
TOPIC	LIFE TIME ACHIEVEMENT AWARD
15h00 - 15h30	GAND Lifetime Achievement Award presentation
Special lectures	Speaker: GAND President - Prof. Kingsley Pereko (UCC)
TIME	
15h30 - 15h50	CLOSING LECTURE:
PLENARY SESSION 6	CHAIRPERSONS: Prof Antonia Tetteh and Prof Francis Zotor
	RAPPORTEURS/TIME KEEPER: Charity Bidemi and Sandra Naa Dedei Kommey
	Speaker: Prof Richmond Aryeetey (UG)
15h50 - 16h00	CLOSING REMARKS, CEREMONY & PERFORMANCE
	Facilitator: Daniel Mensah, RD